

After BTC Assembly 2 – Lesson Plan 3

Class:

No. of Pupils:

Date:

Time:

NC Coverage:

Personal Well-being: 1.4 c) understand that relationships can cause strong feelings and emotions
2.1 e) reflect on feelings and identify positive ways of understanding, managing,
and expressing strong emotions and challenging behaviour
f) develop self-awareness by reflecting critically on their behaviour and its impact on others

Learning Objectives:

- To understand the importance of personal choice in influencing others and resolving conflicts
- To develop self-awareness by reflecting on your own feelings and actions.
- To be able to write a letter including your response to the BTC assembly.

Starter: Pupils to brainstorm different forms of violence. [Slide 2] Teacher may need to model.
Feedback to board (list on left side) Then reveal and discuss examples on ppt:
Bullying, Racial, Verbal abuse, Domestic, Physical

Introduction: Read through LOs (Teacher could choose one for pupils to write down) [Slide 3]
Relate LOs to assembly, and explain importance of empathy [Slide 4].
THEN (teacher to decide which of following activities is suitable for their class (sensitive issues)
Option 1:

Pupils to write individual brief account of time when friends let them down. Anonymous.
[Slide 5] Teacher to collect
Teacher to select 1 or 2 accounts – read aloud to class.
Class/ groups to give advice – discuss and/or write down

OR

Option 2: [Slide 7/8]

Pupils to create 2 lists: My Strengths/ My Weaknesses [Teacher may need to model]
Teacher to ask: “Which list is longer?” (Very likely weaknesses will be for majority:
show of hands?)

Discuss: Self-doubt – lack of self-confidence. Need to respect yourself – How does this
relate to message of assembly? (You are special)

Reveal: “We all feel self-doubt...”

Discuss Question: how do you overcome self-doubt (Think, Pair, Share)

Extension: Teacher could select anonymous lists to read out, pupils to advise that person
how to overcome self-doubt.- as class OR distribute lists to groups

Development:

Pupils to think of 2 questions they would like to ask the speakers at BTC Assembly. [Slide 9]

Feedback to list on board.

In groups/ pairs, pupils to choose 1 or more questions (as teacher wishes). Pupils to discuss their response/ answers to chosen question[s].

THEN: Pupils to write letter to speakers from BTC [Slides 10 and 11] (Homework?)

Plenary: recap role models: MLK and Gandhi.

Leave pupils with final message of assembly and lessons: “Will you forgive?”

Differentiation: choice of question/ letter writing by outcomes

Resources: BTC Lesson 3 ppt
Lined paper for anonymous tasks
Lined paper for letter writing